

January 2025



HIAC is an equal opportunity provider.
Milk is served with all lunches.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 Kalua Cabbage Hapa Rice Mac Salad Fruit Milk	31 Katsu Curry Hapa Rice Vegetables Fruit Milk	1 HAPPY New Year Center Closed	2 Beef Stew Hapa Rice Fruit Milk	3 Tuna Salad WW Bread Fruit Vegetable Salad Milk	4 Turkey Sandwich on WW bread LTO Fruit Vegetables Milk
5	6 Salmon Bowl Herb Rice Fruit Vegetables Milk	7 Pulled Pork Sliders Fruit Cole Slaw Milk	8 Egg Sandwich WW Bread Fruit Vegetable Salad Milk	9 Roasted Turkey & Gravy Mashed Potatoes WW Bread Fruit Milk	10 Beef Stew Hapa Rice Fruit Milk	11 Ham & Cheese Sandwich WW Bread Fruit Vegetable Salad Milk
12	13 Shoyu Chicken Hapa Rice Vegetables Fruit Milk	14 Taco Salad Ground Beef Fruit Milk	15 Tuna Salad WW Bread Fruit Vegetables Milk	16 Chili Hapa Rice Crackers Fruit Salad Milk	17 Chicken Strips Potato Wedges Ranch Fruit Milk	18 Cheeseburger WW Bread Potato Wedges Fruit Milk
19	20 Baked Salmon Herb Rice Garden Salad Fruit Milk	21 Stir Fry Pork & Noodles Fruit Milk	22 Turkey Sandwich WW Bread LTO Fruit Vegetables Milk	23 Kalua Cabbage Hapa Rice Mac Salad Fruit Milk	24 Katsu Curry Potato, Carrot, Onions Hapa Rice Salad Milk	25 Egg Sandwich WW Bread Fruit Vegetable Salad Milk
26	27 Meat Loaf Mashed Potatoes Vegetables Milk	31 Katsu Curry Hapa Rice Vegetables Fruit Milk	29 Ham & Cheese Sandwich WW Bread Fruit Vegetable Salad Milk	30 Tacos WW Flour Tortilla Ground Beef Corn Salad Fruit Milk	31 Salmon Bowl Herb Rice Fruit Vegetables Milk	1 Tuna Salad WW Bread Fruit Vegetables Milk